



Royal Cross Primary School

Lancashire's school for deaf children

PARENT ZONE – Is an online safety web site app created an App called Ollee. They have put together some information for families.

What is Ollee?

Ollee is a digital friend for children aged 8-11, created by Parent Zone and funded by BBC Children in Need's A Million & Me initiative, which aims to make a difference to children's emotional wellbeing.



How does it work?

It's designed to help your child reflect on how they feel and to process their experiences with your support and help – and it does this by offering them advice about a range of subjects: **school, family, friends**, their **body**, the **internet** and the **world**.

For each of these subjects, your child can choose an emotion that matches how they feel about it: **happy, angry, sad, confused, frustrated, stressed** or **worried**.

Next, they can choose from a list of topics – for instance, a child who was worried about school might be able to select 'I haven't done my homework' as the cause of their worry. Finally, they'll see a page of advice about the topic, presented in child-friendly bite-sized chunks they can read then or save for later.

Can my child use the app without my help?

Yes, the Ollee app is simple to use and it's safe for your child to explore without your supervision if they are within the age range that it has been designed for.

How can I use Ollee as a parent?

You can also follow the same pathways to get advice on the subjects and emotions you think your child might be struggling with. This advice is presented in the same bite-sized format but is tailored to the parent audience.

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Why is it worth creating a free account?

You can link your account with your child's, then share advice about a topic that you think they might want information on and your child can do the same. The advice that is sent is tailored to the relevant audience – so if a parent shares advice with a child, the child will see the right version for them.

It's all part of encouraging children to talk to parents and other trusted adults about the things that might be troubling them.

Explore the Ollee App at:

[Ollee: Welcome](#)

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