

O C T O B E R 2 0 1 8

ONLINE SAFETY NEWSLETTER

STAYING SAFE ONLINE

Royal Cross Primary School

SAVE THE DATE!

Wednesday 21st
November @
10:00am



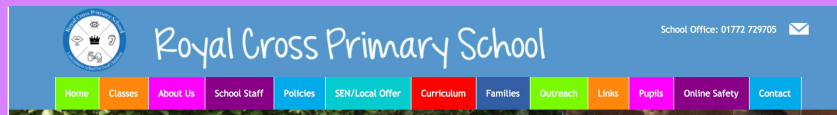
Last term the children said they would like to have a computing activity at school with their families!

On Wednesday 21st of November at 10:00 the staff, School Council and Governors will be putting on a special Stay & Compute Activity for everyone with refreshments.

Come Along!
More details to follow....

Updated Web Site

<http://www.royalcross.lancs.sch.uk/>



Click CEOP

Keeping children safe....

CEOP - law enforcement agency to keep children & young people safe from sexual exploitation and abuse.

<https://www.ceop.police.uk/safety-centre/>

Parental Controls

Take back control....

Follow the link to find out how to use parental controls across devices.

<https://www.internetmatters.org/parental-controls/>

Privacy settings on

social media...

Learn about the latest Apps & how to keep it private....

Read more...

<https://www.internetmatters.org/>

Mobile devices

If your child has a smart phone or a tablet, check they are set up to be safe online. Top tips on how to do this.

Read more.

<https://www.internetmatters.org/advice/mobile-health-check-for-kids-smartphones-and-tablets/>

Sexting

If you're worried your child might be sexting or you simply want to know how to protect them, here is some simple advice to help them make the right choices when sharing images online.

<https://www.internetmatters.org/hub/question/can-i-i-suspect-child-sexting/>

For more advice, take a look at nspcc.org.uk/sexting.

Digital Superheroes

Supporting your child to stay safe and be happy online.

"Digital Resilience is part of your personality that develops from spending time online and facing the challenges out there. It means you recognise when you're at risk online and that you know what to do. A resilient child is more likely to stay

safe if anything bad happens and benefit from the opportunities the online world provides."

Vicki Shotbolt, Parent Zone CEO

How Can I help

The best thing parents can do is to set boundaries so children know what they can do and what they can't - and then help them to explore.

Who Else Can Help?

Schools can teach children to question and make sensible judgements about what they're doing and seeing, and work together with families to develop digital resilience. [Support our workshops!](#) "Talking together makes a difference".

Dr. Richard Graham, Consultant Child & Adolescent Psychiatrist.

ADVICE FOR FAMILIES

TOP TIPS TO KEEP YOUR CHILD SAFE ONLINE!

Talk to your child about the dangers of sexting and how to stay safe. Childline provides confidential advice for children on the phone & online 24/7. They can help to get a sexual image removed.

www.childline.org.uk

Parent helpline: 0808 800 5000

Families need to know the online dangers! Explore the sites your children use yourself. That way you can be ready to help.

[Take part in School's computing workshops!](#)

There are no set guidelines for how much screen time is right for your child, but there needs to be a balance and monitoring by families. Set rules and limits. Lead by example, put away all family devices, including phones!

Find support on

www.internetmatters.org

Have a DEVICE check. Sit down with your child & explore devices.

- Who do they speak to?
- Who do they connect to?
- Which sites do they visit?
- What apps do they use?

Be curious. ASK your children to talk about or SHOW you the things they are doing online. Talk to your child so that they come to you if something online is upsetting them.

Find resources on

www.childnet.com

Stay involved ..

- Know where your child goes online ...
- Know what they are doing ...
- Know who they are with online ...

Help your child to explore their favourite sites, show them how to report any problems on the sites. Talk about how they can always come to you for help. More help is available on sites from

www.thinkuknow.co.uk

FIND OUT

Get advice from

- School
- Online support
- Your children!

Develop your own online skills.